

Psychiatry Residency Training Program

THE VAB-HSS VISION:

TO DEVELOP PSYCHIATRY LEADERS OF TOMORROW THROUGH HARD WORK, INNOVATION, AND SERVICE

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HOME

Welcome

Welcome to the official website for VA Boston-Harvard South Shore (VAB- HSS), one of five ACGME-accredited four-year psychiatry residencies affiliated with Harvard Medical School. Our program combines the stable financial sponsorship of the VA Boston Healthcare System with diverse training at Harvard-affiliated sites to prepare residents for careers in any healthcare setting. VAB-HSS is a medium sized program (8 residents per year), which optimizes personal career development. Here, you can access a wealth of information about VAB-HSS. If you have additional questions, please don't hesitate to contact us.

Mission

At VA Boston-Harvard South Shore we cultivate the development of psychiatrists who are dedicated to evidence-based, compassionate, patient-centered care, innovative research, and national leadership. By mobilizing Harvard and VA resources, and drawing upon our diverse backgrounds, we generate a supportive environment for academic excellence that fosters superior clinical care and discovery.

Diversity Statement

It is our vision to build upon and expand the diversity within VAB-HSS. To do so, we aim to cultivate an inclusive work and learning environment where all residents, faculty, and staff are fully engaged and empowered to become caring physicians, scholars, and leaders.

At a core level, inclusion for us means that individuals are respected and valued such that they have both the freedom and the desire to engage fully in the program.

At VAB-HSS we embrace the mission to continuously strengthen a shared culture of inclusion, where a person's identity is protected and valued to the fullest. We humbly acknowledge that this requires thoughtful commitment by all members of the community.

Further, we assert that anti-racism and a commitment to social justice are core competencies for physicians, including resident physicians.

Our Philosophy

The VA Boston-Harvard South Shore Psychiatry Residency Training Program (VAB-HSS) prepares residents for highly rewarding careers in psychiatry. Our program philosophy is that graduating physicians need strong training not only in the fundamentals of psychiatry, psychotherapy, and pharmacology, but also in research literacy, teaching skills, and leadership development. Across the four years of residency, residents' aptitude in each of these domains builds significantly.

This <u>five-dimension approach</u> sets us apart from other training programs as we have strong programs in each. The PGY-4 year consists solely of electives, enabling each resident to define his or her own academic curriculum. Beyond our strong didactic and experiential learning curriculum, VAB-HSS is exceptional in its commitment to diversity. Our residents come from a variety of backgrounds and each resident brings unique talents and strengths which create a vibrant, supportive educational environment.

LEADERSHIP

Letter from the Program Director: Deisy Ramirez, M.D.



Dear Prospective Applicant,

Welcome to VA Boston-Harvard South Shore (VAB-HSS) and thank you for your interest in our program!

We faced major challenges, and overcame them, over a transformative year in the field of psychiatry, our nation, and the world. We learned to adapt at a fast pace, we learned that we are resilient, and we learned to embrace the differences that make our program and nation unique. We are better prepared to enter a new stage in psychiatry education, with a new sense of responsibility to provide mental health services to millions of individuals suffering from mental illness and educate outstanding future psychiatrists.

The VA Boston-Harvard South Shore Program is based at the VA Boston Healthcare System and affiliated with Harvard Medical School. We provide comprehensive

training to our residents to become the psychiatry leaders of tomorrow through development of clinical expertise, research skills, and excellence in education and teaching.

Our residents acquire clinical excellence through rotations in a broad range of settings, providing them with the knowledge and tools needed to become independent psychiatrists upon graduation. Our clinical training is supplemented by affiliations with major psychiatric centers in the Boston area as part of our role as a Harvard Medical School psychiatry training program. Residents from our program pursuing subspecialty training are highly competitive, frequently matching in their first-choice program at top centers in the country.

In addition to our world-class clinical training, the Harvard South Shore program supports trainees in their research, leadership, educational, and advocacy ambitions throughout the four years:

- We support residents with research interests to further develop their careers as physician scientists through our research track option and outstanding mentorship with researchers in our department and the greater Harvard Medical School network. All residents are encouraged to develop curiosity and research interests, with application in their clinical work leading to presentation of their work at local, regional, national, or international meetings and subsequent publications.
- We are committed to help our residents become leaders and educators offering ample participation in administrative roles, educational activities, and support.
- We aim to integrate excellence in training, with the sense of responsibility for the future of our program and our nation, while promoting a collegial training environment, and preparing the next generation of psychiatrists for upcoming challenges and opportunities.
- We value the sense of "family" in our program. We constantly work to support one another, foster a culture of collegiality, embrace the diversity of our residents, and support the growth of our residents and faculty. We foster and nurture long-lasting relationships that will empower and support you throughout your career.

The upcoming interview season will incorporate what we learned during the past year with the remote interview process and adapt to an everchanging environment. At VA Boston-Harvard South

Shore, we aim to provide you a comprehensive overview of what it is like to be a resident, so you can truly imagine what it would be like to live and train here.

We look forward to receiving your application and meeting you, wishing that you enjoy the interview process and grow as you make decisions for the next stage in your careers and lives.

Sincerely,

Deisy Marcela Ramirez, M.D.

Program Director, Harvard South Shore

Letter from the Chair: Grace Chang, M.D., M.P.H.



Dear VAB-HSS Applicant,

Thank you for your interest in the VA Boston-Harvard South Shore Psychiatry Residency Training Program. We are delighted to share our enthusiasm for the program with you.

By way of introduction, I am Professor and Chair of Harvard Psychiatry at the VA Boston Healthcare System. A graduate of Yale College and the Rutgers-Robert Wood Johnson Medical School, I completed training in General Adult Psychiatry at the Yale University School of Medicine where I was subsequently a Robert Wood Johnson Clinical Scholar in Internal Medicine and Psychiatry. My clinical research career has been dedicated to the identification and treatment of the substance use disorders in the obstetric, medical, and emergency room settings. Having been active as both a clinician and researcher in transplantation psychiatry, I am

currently Chief of the Consultation Liaison Psychiatry Service at the West Roxbury campus.

I have had the privilege of working at some of the best academic medical centers in America, and I am pleased to count VA Boston Healthcare to be among them. The VA is the nation's largest integrated health system, offering comprehensive services to eligible veterans. And, as a recent RAND Corporation study of health care quality shows, the VA health system provides care that is higher in quality than what is offered elsewhere in communities across the nation. Fortunately, the VA is also the nation's largest educator of health care professionals in the United States.

Thus, the VA Boston-Harvard South Shore Psychiatry Residency could be the ideal setting for the candidate who is interested in achieving clinical and academic excellence. Faculty and staff are dedicated to patient care and to your education. We are committed to working with you so that your potential will have its fullest expression. Please feel free to be in touch if you would like any other information as you consider your training options.

With best wishes.

Grace Chang, M.D., M.P.H.

Professor of Psychiatry, Harvard Medical School Chair, VA Boston Harvard Medical School Department of Psychiatry Chief, Consultation Liaison Psychiatry VA Boston Healthcare System

Letter from the Associate Program Director: Heather Bellis-Jones, M.D.



Dear Prospective Applicant,

My name is Heather Bellis-Jones, M.D. I am an attending in the Boston VA Healthcare System, specifically at the Brockton campus, and I am the Associate Program Director for the VA Boston-Harvard South Shore (VAB-HSS) Psychiatry Residency Program. In addition, I am one of the coordinators for the PGY-3 outpatient clinic.

I graduated from Georgetown College and received my medical degree from the University of Louisville prior to completing my residency training in Psychiatry at The Johns Hopkins Hospital. I joined the Boston VA in July 2019. My specific clinical duties are outpatient psychiatry within the General Mental Health (GMH) clinic, and I provide emergency psychiatric services in our Urgent Care. We strive to promote clinical excellence, professionalism, and compassionate patient-centered care.

I look forward to working with residents and further developing the didactics program for the VAB-HSS residency.

Sincerely, **Heather Bellis-Jones, M.D.**Associate Program Director
Harvard South Shore

Leadership Biographies

John C. Bradley, M.D., Chief of Psychiatry & Director, Mental Health Service VA Boston Healthcare System



John C. Bradley, M.D. received his medical training at the Uniformed Services University School of Medicine and completed residency training in Psychiatry at Letterman Army Medical Center in San Francisco, California. Dr. Bradley retired from the U.S. Army Medical Corps where he served as Chair of the Department of Psychiatry at Walter Reed National Military Medical Center, and Clinical Professor of Psychiatry and Vice Chair at Uniformed Services University. His military career included operational assignments for peacekeeping, stability and support operations, and combat operations in Operation Iraqi Freedom. Dr. Bradley has been honored to serve on a number of national committees and advisory councils. He served as co-chair of the VA/DoD Clinical Practice Guideline for the Management of Suicidal Behavior. He served as the clinical subcommittee chair and Army representative for the DoD Task Force for the Prevention of Suicide by Members of the Armed Forces,

and co-investigator for the Army Study To Assess Risk and Resilience in Servicemembers

(ArmySTARRS). He served as an advisor to the Institute of Medicine of the National Academies of Sciences, Board on the Health of Select Populations. Dr. Bradley has provided expert testimony to the US Congress and served on numerous scientific advisory committees. He has published extensively on the treatment of combat trauma and PTSD, the management of Suicide, and on the American Revolution.

Stefania Buonocore, D.O., M.S., Executive Chief Resident 2021-22



My name is Stefania Buonocore. I am a PGY-4 resident and the Executive Chief Resident of VAB-HSS.

One of the features of VAB-HSS that drew me to the program was the obvious resident camaraderie. In addition to the support among residents and staff, living and working in the greater Boston area has led to numerous opportunities to grow as a psychiatrist. Boston is such an extensive medical hub through which opportunities to network and work in different settings are abundant.

Some of my professional interests include consult liaison psychiatry and impact of mental health stigma. As Chief resident, interest in advocacy for patients further extends to supporting residents. Developing as a leader is something that VAB-HSS can foster as you progress

through residency and carve your niche; there are ample opportunities for elective time and residents are supported on their path to professional development.

I am also excited to be involved with the residency recruitment process this year, and look forward to meeting you and introducing you to our VAB-HSS family!

Serena Chen, M.D., Chief Resident of Wellness 2021-2022



Hi, my name is Serena Chen. I am a PGY-4 resident and the Chief of Wellness at VA Boston-Harvard South Shore. I originally graduated from the University of Maryland with a Bachelor of Science in Business and worked as a consultant before deciding to pursue medical school. While attending the Western Michigan University Homer Stryker M.D. School of Medicine, I was interested in quality improvement and was a founding member of the Institute of Healthcare Improvement Chapter in Kalamazoo, MI. My research work was focused on healthcare collaboration and integrated healthcare. I was also active in the American Medical Women's Association. In my spare time, I enjoy hiking, dancing, and playing with my pup.

I'm grateful to have had the opportunity to work, learn, and grow at VA Boston-Harvard South Shore for the past few years. The unique combination of Harvard as well as the VA

meant there was a wealth of resources available to residents of the program. With my interest in integrated healthcare model, the VA gave me an interesting opportunity to work inside the largest integrated healthcare system in the United States. VA Boston-Harvard South Shore has been an excellent place for me to grow and thrive.

In my role as the Chief of Wellness, I hope to use my skills to make VAB-HSS a little bit of a better place. To me, positive morale and resident well-being means that in a deeper sense, we generally feel good about our work, our team, and ourselves. It does not mean we won't have rough patches along the way, but that in the currents of change, we know that generally we are going in the right direction and that we're in it together working toward a shared mission. It's been a tumultuous time in the past year both locally and worldwide, but despite it all, we have made so many positive changes and stayed together in spirit even though we're forced to be physically distant for now.

I hope I will get to meet you one day! Regardless, I hope you're well!

Terrance Dolan, M.D., M.S., Chief Resident of Education 2021-2022



Hi, my name is Terrance Dolan! I am a PGY-3 resident and a Chief Resident of Education. I'm originally from northern New Jersey, studied psychology as an undergrad at the University of Rochester, NY and attended medical school at New York Medical College before coming to Boston. My professional interests include child and adolescent psychiatry, psychotherapy, and education of trainees. During my training, I've been thrilled to explore many opportunities to become involved in research, teaching, leadership, and more. I've enjoyed a broad range of clinical experiences and met so many incredible role models both professionally and personally, who have provided encouragement and support along the way.

As a Chief of Education, I have a hand in clinical teaching of residents through protected didactic time, PRITE review, & Board preparation. I also am involved in the development of VAB-HSS's didactic curriculum,

orientation of our interns, and a member of the Grand Rounds committee. One of the projects I've been excited to develop has been the revision of our PGY-II psychotherapy didactic course. I've thoroughly enjoyed my time as a resident at VAB-HSS – I hope you come visit us!

Alesia Cloutier, D.O., M.S., Chief Resident of Education 2021-2022



Bio coming soon

Anderson Chen, M.D., Chief Resident of Geriatrics 2021-22



hope to see you at the interview trail.

Hi there, I'm Anderson Chen, PGY-4 and Chief Resident of Geriatric Psychiatry. I am so excited to recommend VAB-HSS to you. Without a shadow of a doubt, this program has helped me achieve things that I never thought possible - a member of the American Association for Geriatric Psychiatry Scholars Program, recipient of the Harvard Medical School Livingston Research Fellowship Award, and a fellowship offer at The Mass General Brigham Geriatric Psychiatry Fellowship Program. VAB-HSS provides accessible mentors, a friendly learning environment, and excellent clinical and research training.

My main role as Chief Resident of Geriatric Psychiatry is to make sure residents have a strong appreciation of geriatric psychiatry and have fun! I also am available for any questions that my peers may have, whether it's related to geriatric psychiatry or not. I

Frank Copeli, M.D., Chief Resident of Geriatrics 2021-22



Hi, I'm Frank Copeli, PGY-4 and Chief Resident of Geriatric Psychiatry.

I am so happy with the opportunities I was able to pursue at VAB-HSS. While being a resident, I pursued my research interests in Geriatric Psychiatry, Neuromodulation, and medical issues in Older Adults with Schizophrenia. I received outstanding support from my colleagues and mentors and had the privilege of treating a fascinating, diverse population of patients. I went on to become an Assistant Editor for the Harvard Review of Psychiatry in PGY-3,-a 2 year position where I have been able to contribute to some of the most important discussions occurring in psychiatry while collaborating with faculty and residents from all of the Harvard psychiatry residency programs. I was also an American Association

for Geriatric Psychiatry Scholar, a program that provided support for my research and career interests.

VAB-HSS generous and flexible parental leave benefits allowed me to achieve my professional goals while expanding my family. As a PGY-4, I have been able to design a schedule comprised of research, clinical rotations, education, and administrative rotations that balance my professional and personal goals. I wish all applicants the best of luck on the interview trail!

Sabina Grech, M.D., Chief Resident of Patient Safety & Quality Improvement 2021-22



Hello everyone! My name is Sabina Marie Grech. I am a PGY-3 resident and Chief of Patient Safety & Quality Improvement.

I am originally from NYC, went to Fordham University at Lincoln Center for my bachelor's degree, then Stony Brook School of Medicine in Long Island, NY, for my M.D. After my interview day at VAB-HSS, I was so impressed by how well rounded and personable the residents and leadership were. I knew my heart was set and was so excited to have matched here! My time at VAB-HSS has allowed me to grow on both a personal and professional level. I made lifelong friendships with my fellow VAB-HSS residents. Furthermore, not only have I discovered so many professional interests, but also have been wholeheartedly

supported in developing them in a way that is educational and productive.

As the Chief of Patient Safety & Quality Improvement, my goal is to promote a culture of wellbeing and safety for patients, residents, and staff. I hope to inspire future VAB-HSS residents to follow their passions and cultivate their interests the way I have been encouraged to do.

Program Coordinators

Erin Lovell, Program Coordinator, VA Boston-Harvard South Shore Psychiatry Residency Program



Erin Lovell received an Associate of Arts degree in Healthcare, graduating with high honors from Heald College in Hayward, California before receiving certification as a coding associate. She started her career working as a CME Certification Program Coordinator at the Institute of Medical Quality, and eventually joined the VA Boston-Harvard South Shore family in 2016. As a Program Coordinator she believes that her role is to serve as a go-to person who can get things done for the program and those she advocates for. To her, being effective in the role means that she can be relied upon to actively seek to improve processes and situations, and do what is best in the interest of residents and faculty alike. Erin was honored to receive an Employee of the Month award through the nomination of VA Boston-Harvard South Shore's residents to recognize her vigorous commitment to serving their needs an improving their learning experience. Erin is a technology enthusiast who

uses her skills to resolve technical difficulties, as well as to seek out new solutions for greater convenience, accuracy, and efficiency. She places a great amount of importance on celebrating the little things, and is famously known for her festive decorations, treats and costumes around the holidays.

Amanda Pereira, Program Coordinator, VA Boston-Harvard South Shore Psychiatry Residency Program



Amanda Pereira joined the VAB-HSS family in 2018. Her priority from day 1 was "to make sure the residents have someone to back them up both professionally and personally." Amanda enjoys being involved in the improvement of the program. Her organizational skills as well as her task managing skills make her a great asset to VAB-HSS. Amanda truly loves her job and the residents. She is integral to the VAB-HSS effort to make sure the residents have a safe family-like environment. Her door is always open, she is also just a phone call or email away.

Resident Leadership Positions Within VAB-HSS

Program Evaluation Committee (PEC) resident members:

PEC is the evaluation and policy-writing committee at VAB-HSS. Many residents sit on the committee, giving VAB-HSS residents an outsized voice in running our program.

J Gresham, M.D., M.A., PGY-1 Resident Member of PEC Robert Daily, M.D., M.S., PGY-1 Resident Member of PEC Alison Rembisz, M.D., PGY-2 Resident Member of PEC Jacob Horton, M.D., PGY-2 Resident Member of PEC Terrance Dolan, M.D., PGY-3 Resident Member of PEC

Ombudspersons:

Ombuds at VAB-HSS are resident-leaders who serve as a conduit of information between VAB-HSS residents and VAB-HSS administrators, collecting feedback and concerns/suggestions from their fellow residents.

Dora Geving, M.D., PGY-1 Resident Ombuds Scott Lee, M.D., PGY-1 Resident Ombuds Justine Lazatin, D.O., PGY-2 Resident Ombuds Faith Donaghey, M.D., PGY-2 Resident Ombuds

Graduate Medical Education Committee (GMEC) Members:

GMEC is the committee tasked with refining the quality of graduate medical education at VAB-HSS and VA Boston as a whole, as well as ensuring compliance with ACGME standards. Resident members are important contributors to the committee.

Stefania Buonocore, D.O., PGY-4 Resident Member of GMEC

Journal Club:

The VAB-HSS Journal Club is a fully resident-run weekly meeting in which participating residents read and discuss relevant literature.

Alesia Cloutier, D.O., M.S., Director

VAB-HSS Birthday Poets Laureate:

Following tradition at VAB-HSS, one or two residents are designated to write and share poetic celebrations of their fellow residents for their birthdays. This tradition gives VAB-HSS residents the opportunity to express love and admiration for one another every year!

Terrance Dolan, M.D., PGY-3 Current Member of Poets Laureate Troy Nold, M.D. M.S., PGY-3 Current Member of Poets Laureate Kevin Cates, M.D., MPH, PGY-4 Former Member

Resident Leadership Positions Outside of VAB-HSS

Massachusetts Psychiatric Society Committee Resident Leaders:

Anderson Chen, M.D. - Early Career Psychiatry Committee, Resident Co-Chair Terrance Dolan, M.D. – Continuing Medical Education Committee, Resident Member Mason Qualls, M.D., MPH – Addictions Committee, Resident Co-Chair

Boston Psychoanalytic Society and Institute (BPSI) Fellows:

Serena Chen, M.D. - BPSI Fellow William Olcott, M.D., MBA – BPSI Fellow

Fenway Health Center:

Kevin W. Cates, M.D., MPH – Institutional Review Board Member

National Fellowships:

Brendan Campbell, M.D. (VAB-HSS Class of 2021) - Neuropsychiatry and Behavioral Neurology Fellow Aaron Greenstein, M.D. (VAB-HSS Class of 2021) - VA Health and Aging Policy Advanced Fellowship

CURRICULUM

Clinical Rotations



Site Descriptions

VA Boston is a large healthcare system composed of three campuses, two of which are in Boston and one just outside of Boston. The Brockton campus (BR) is home base for mental health and the VAB-HSS program. It houses two acute inpatient psychiatry wards with 52 beds total, two long-term psychiatry units, a residential unit for substance abuse treatment, a sub-acute rehabilitation center, and an inpatient palliative care /hospice unit. Also located on this campus is an active urgent care where residents will conduct admission assessments on-call. The Brockton campus has a large outpatient mental health clinic where residents complete most of their outpatient clinical training. The Jamaica Plain campus (JP) largely consists of outpatient services, including the specialty neurology clinics through which residents rotate (memory, movement disorders, multiple sclerosis, epilepsy, psychogenic nonepileptic seizures, general neurology). Residents complete two other rotations at JP – the Substance Abuse Recovery and Rehabilitation Treatment Program (SARRTP), a 6-week residential program for veterans with substance use disorders, and the PACU where residents get hands-on exposure to ECT and ketamine procedures. Residents have the option to complete some outpatient work at the JP campus. The West Roxbury campus (WX) is the primary medical and surgical hospital for VA Boston and it is here residents get inpatient medicine exposure and later return for consultationliaison psychiatry, and where our PGY-3s primarily take call with the consultation service.

McLean Hospital is a leader in psychiatric care, research, and education. It is the largest psychiatric teaching hospital of Harvard Medical School, is consistently ranked among the top psychiatric hospitals in the country, and home to the nation's oldest and globally-renowned research program in a psychiatric hospital setting. McLean Hospital has famously been represented in a variety of literary and film representations of mental health treatment. Our residents rotate at the Belmont campus and the Southeast campus in Middleborough. While at McLean, residents have hands-on exposure to both Electroconvulsive Therapy (ECT) and Transcranial Magnetic Stimulation (TMS), and will complete their child & adolescent psychiatry training and geriatric psychiatry training. Residents will also rotate through the partial hospitalization program, the acute inpatient units, and the admitting unit at McLean Hospital. Residents will work alongside MGH/McLean residents and other HMS-affiliate residents rotating at McLean Hospital.

Brockton Neighborhood Health Center (BNHC) is a primary care community clinic where residents work with underserved patients under the supervision of staff family medicine and internal medicine attendings. The resident may also attend specialty clinics such as endocrinology, HIV, sexually transmitted infection clinic, harm reduction clinic, and will frequently work closely with interpreters to interview patients from various backgrounds with limited English language skills. The resident may also attend nutrition and cooking classes alongside patients in the clinic's very own teaching kitchen.

Beth Israel Deaconess Medical Center (BIDMC) is a Harvard-affiliated teaching hospital located in the Longwood Medical Area of Boston. Serving as a tertiary/academic resource, this site allows residents to gain exposure to an interesting variety of consultation-liaison cases, with a special focus on female and obstetric patients. Residents will rotate alongside other HMS-affiliate residents from BIDMC.

Dr. Solomon Carter Fuller Mental Health Center is a Department of Mental Health (DMH) facility with three forensic psychiatric inpatient units which provide forensic assessments for Massachusetts while providing ongoing psychiatric care.

Corrigan Mental Health Center is a Department of Mental Health (DMH) facility serving a catchment area that includes Fall River, New Bedford, and surrounding towns. Residents rotate on acute inpatient psychiatry as a PGY-2 and have the option of rotating in the outpatient clinic during the PGY-3 year. Inpatient and outpatient settings alike will expose residents to the treatment of severe and persistent mental illness including treatment-resistant schizophrenia.

Brockton Multi-Service Center is a Department of Mental Health (DMH) facility in the Southeastern Area network that serves as a catchment for Brockton and surrounding towns. Residents may complete their PGY-3 outpatient community clinic rotation at BMSC. This outpatient setting will expose residents to the treatment of severe and persistent mental illness including treatment-resistant schizophrenia.



Didactics Full Academic Day (every week)

All residents including those rotating with medicine, neurology, and offsite rotations are excused from clinical duties on Wednesdays for the full day to focus on didactic curriculum. Our residents benefit from the camaraderie fostered by sharing a protected didactic day, and the didactic day helps to prepare residents for patient encounters in psychiatry, medicine, and on-call. In spring of 2020 we made the transition into an entirely virtual academic day where residents are able to access courses using virtual platforms such as zoom, Webex, and Microsoft teams from the comfort of their homes. Though this change was made to promote safety and physical distancing in the era of COVID-19, this modification has been so well received we plan to continue offering virtual didactics well into the future. To help facilitate remote learning, including best practices for telepsychiatry, all residents have received VAissued laptops. Topics include psychiatric diagnosis and interviewing, psychopharmacology, ethics, neuropsychiatry, human development, supportive psychotherapy, cognitive behavioral therapy (CBT), cognitive processing therapy (CPT), motivational interviewing (MI), psychodynamic psychotherapy, diversity and inclusion, consultation-liaison psychiatry, human sexuality, history of psychiatry, careers in psychiatry, leadership development, a weekly PGYI process group, a resident led morbidity and mortality conference, and many more. We are particularly proud of our outstanding faculty, focus on evidence-based care, and education innovation. Highlights include: psychopharmacology with Dr. David Osser, the founder of the Psychopharmacology Algorithm Project.

Grand Rounds

Grand Rounds Grand Rounds is a twice-monthly lunchtime series where VAB-HSS residents have the opportunity to meet nationally renowned experts in Psychiatry. Grand Rounds is built into the Wednesday Academic Day with lunch provided by VAB-HSS. As a VA flagship facility, the VA Boston Healthcare system makes its Grand Rounds available virtually, with CME, to all VA facilities across the country. Additionally, PGY4 residents have the opportunity to present in grand rounds, teaching to a national audience of psychiatrists.

Journal Club

Journal Club Online forum where residents post and discuss landmark articles in psychiatry. It is a resident-run forum, conducted virtually, and available to any residents who want to attend during any rotation.

Harvard Day

Harvard Day is an event held each autumn that allows Psychiatry residents from all five Harvard residency programs to come together for a day of scholarship. Each year, one of the Harvard residency programs hosts the day and chooses a theme for which they select a keynote speaker and develop various breakout seminars.

DMH Day

The Department of Mental Health (DMH) hosts an event each year for all Massachusetts psychiatry programs to meet and join in a discussion led by an inspiring keynote speaker that is doing important work to push our field forward.

Harvard Mysell Day and VAB-HSS Research Day

Harvard Mysell Day and VAB-HSS Research Day are held each spring. Harvard Mysell Day allows all Harvard psychiatry residency programs to come together and share their research at a large poster session. A renowned psychiatrist who has dedicated a substantial portion of his/her career to research is asked to come as a keynote speaker. The keynote speaker presents his/her research and shares lunch with the residents for a career planning Q&A.

VAB-HSS also holds VAB-HSS Research Day each spring, allowing VAB-HSS faculty and residents to share their research with each other and cheer on the accomplishments within VAB-HSS. The <u>2020 VAB-HSS Research Day</u> was held as a virtual event with posters, short oral presentations and other scholarly presentations presented by residents and faculty. Twenty of our residents presented their research at this fun and successful event.

VA Fellowships

The VA Advanced Fellowship programs provide unique preparation for future leaders in healthcare by providing hands-on mentored educational experiences to develop skills in specific clinical areas and more broadly for healthcare system and healthcare education system transformation through policy, system redesign, and research. Through creative partnerships, use of new technology, and innovative educational modalities, the VA Advanced Fellowships Program promotes and fosters the highest standards of leadership, intellectual integrity, research, and patient care. Harvard South Shore residents may apply to select fellowships as a post-graduate year. VA Advanced Fellowships include:

- Addiction Treatment
- Advanced Geriatrics
- American Board of Medical Specialties Visiting Scholars (ABMS)
- Big Data-Scientist Training Enhancement Program (BD-STEP)
- Geriatric Neurology
- Health and Aging Policy Fellows Program
- Health Services Research and Development
- Health Professions Education Evaluation and Research
- Health Systems Engineering
- Medical Informatics
- Mental Illness Research & Treatment (MIRECC)
- Multiple Sclerosis
- National Clinician Scholars Program
- Parkinson's Disease
- Patient Safety
- Polytrauma & Traumatic Brain Injury Rehabilitation

- Psychiatric Research / Neurosciences
- Psychosocial Rehabilitation & Recovery Oriented Services
- Quality Scholars
- Clinical Simulation
- Spinal Cord Injury Research
- War Related and Unexplained Illness
- Women's Health

RESIDENTS



PGY-1 Residents



Robert Daly, M.D., M.S. University of Massachusetts Medical School



Dora Geving, M.D. University of Tennessee Health Science Center College of Medicine



J Gresham, M.D., M.A. Gieisel School of Medicine at Dartmouth



Peggy Hafezi, M.D. Shahid Baheshti University of Medical Sciences



Scott Lee, M.D. Baylor College of Medicine



Annabel Kuhn, M.D. Medical College of Wisconsin

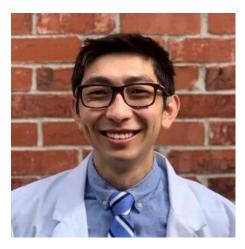


Neil Mehta, M.D. University of Miami Leonard M. School of Medicine



Tori Waters, M.D.
McGovern Medical School
at University of Texas
Health Science Center at
Houston

PGY-1 Resident Spotlight: Scott Lee, M.D.



Hello MS4's! My name is Scott, and I am a new PGY-I at VA Boston-Harvard South Shore (VAB-HSS). Like you, I had to confront an entirely virtual interview season. And maybe like you, I was nervous on how this format would affect my residency match and satisfaction. How could I see a program without setting foot on campus? Or meeting folks in person? While repeating this virtual format will present similar challenges, I am happy to say that I have been highly satisfied with my experience so far, and I attribute this to the amazing efforts my senior residents gave to be open and honest about their experiences. I encourage you to reach out and stay connected with us during the interview season so that you can get an excellent idea of who we are and why we love it here at VAB-HSS

Before moving here, I had not lived in New England. I grew up in the DMV area and then moved to Texas, where I completed college and medical school. Through those eight years, I found myself wearing many hats – freshman biology TA, club tennis team captain, Amazon Kindle™ enthusiast, and of course, psychiatry residency applicant. What drew me to psychiatry were the powerful therapeutic alliances I forged with my patients. Alliances where I had this distinct privilege of not only being in confidence of very personal information but also having the ability to affect meaningful change in their lives. I wanted a residency program that not only had the clinical bandwidth to develop this skillset but also the resources to provide hope for my patients. The VA Boston Healthcare System in tandem with Harvard Medical School has delivered on this promise. In my few months on service, I've

administered electroconvulsive therapy at McLean Hospital and discharged veterans to comprehensive VA-sponsored treatment programs. These experiences have helped solidify my identity as a physician, the primary caretaker of my patients' biological and psychosocial needs, and this ongoing transformation has been deeply rewarding.

I hope to continue to capitalize on this rich resource network as I continue to explore my interests in child and adolescent psychiatry and the interplay between bioethics and psychiatry. Outside of clinic, I've been enjoying all the nature, culture, and cuisine New England has to offer with my incredible coresidents. Endless hiking trails, social sports leagues, the iconic Lobster Roll – there's so much to explore, and I am grateful for the outstanding benefits VAB-HSS offers to prioritize my wellness and personal growth during residency.

Put simply, I have been thrilled with my experience here. Thanks for stopping by, and I look forward to connecting in the coming months!

PGY-2 Residents



Faith Donaghey, M.D. University of Connecticut School of Medicine



Matt Gerace, M.D. Tulane University School of Medicine



Jacob Horton, M.D., MBA McGovern Medical School at University of Texas Health Science Center at Houston



Justine Lazatin, D.O. University of New England College of Osteopathic Medicine



Omar Pink, M.D.
McGovern Medical School
at University of Texas
Health Science Center at



Alison Rembisz, M.D. Creighton University School of Medicine



Martina Sinopoli, M.D. University of Connecticut School of Medicine



Bryan Yanez, M.D., MBA Tufts University School of Medicine

PGY-2 Resident Spotlight: Justine Lazatin, D.O.



Hello, prospective applicants! My name is Justine (she/her), and I'm so excited that you're considering VA Boston-Harvard South Shore (VAB-HSS) for this next step in your psychiatry journey.

As a Filipina immigrant, topics surrounding global health, cultural competence, and care for the underserved initially drew me to medicine. I deepened my learning across these themes during medical school at the University of New England in Maine during my role as a Care for the Underserved Pathway scholar. I could appreciate the urgent need to expand access to mental health care and wanted to be part of the solution. This is what led me to psychiatry, and ultimately, to VAB-HSS.

The unique opportunity to rotate throughout VA Boston, Harvard-affiliated hospital systems, and the Department of Mental Health (DMH) was what initially drew me to this program – a comprehensive training experience unlike any other. But what most struck me on my first visit to VAB-HSS was the warm, nurturing environment shaped by residents, faculty, and program and hospital leadership dedicated not only to clinical and academic excellence, but who also have a visible commitment to lifting one another up.

As I now begin my PGY-2 year, I can tell you that these first impressions have held true. I've already participated in three research projects centered around substance use, roped in by senior residents who knew that addictions was one of my areas of interest. Beyond this, I piloted and implemented a leadership training course for incoming psychiatry residents, and recently joined the Harvard Law School Pro-Bono Medical Advisory Board. The opportunities to augment your learning and professional development in ways outside of clinical care alone are endless! Finally, VA Boston-Harvard South Shore's commitment to diversity, equity, and inclusion and to caring for underserved populations through the VA and other systems has allowed me to engage in the areas that initially drew me to medicine.

In prioritizing work-life integration, I also enjoy frequenting restaurants throughout the Boston area with my husband and spending time with our COVID Cockapoo puppy, Luigi!

PGY-3 Residents



Alesia Cloutier, D.O., M.S.
Lincoln Memorial
University - Dubusk
College of Osteopathic
Medicine



Terrance Dolan, M.D., MS New York Medical College



Sabina Grech, M.D. Stony Brook University School of Medicine



Shawn Jin, M.D. Boston University School of Medicine



Troy Nold, M.D., M.S. East Tennessee State University Quillen College of Medicine



Mason Qualls, M.D., MPH University of Arkansas School of Medicine

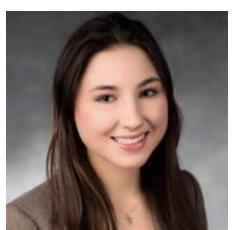


Ryan Robinson, M.D. University of Texas Southwestern Medical



Carsen Sulzer, M.D. University of Connecticut School of Medicine

PGY-3 Resident Spotlight: Carsen Sulzer, M.D.



Hi, everyone! It's great to see that you are interested in our program and in Psychiatry. I am now a PGY-3 resident here at VAB-HSS. When I started medical school at University of Connecticut, I thought I would end up a surgeon. As I'm sure you've guessed, that means I've had quite the convoluted path to becoming a Psychiatry resident. It took some time, but I realized that my love of engaging people and providing support as well as my endless curiosity would go hand in hand with Psychiatry. I'm happy to say that residency, thus far and despite its inherent challenges, has solidified my choice and assured me that this decision was the right one for me.

During my interviews, VAB-HSS stood out to me for several reasons. Firstly, the residents seemed to truly enjoy one another's company

and gave off this family sort of vibe. I can say for myself that my time at VAB-HSS has proven this to be true; I was openly welcomed into the family intern year and now have had the honor of welcoming others into it as well. Second, the environment of non-competitive collegiality was a must for me. We are a program that celebrates and thrives on each other's accomplishments. Everyone is always building each other up and lending a hand to those in need without judgment. Lastly, the faculty I met on interview day and continue to work with are approachable and appear genuinely excited to

have you embark on this journey of learning with them.

Since beginning residency, I have been able to continue my non-work-related hobbies without issue, as the program allows for a well-balanced lifestyle; my free time is mostly spent being a cat mom, tending to my houseplants, watching Netflix, and PC gaming (a new endeavor s/p quarantine). I have also continued pursuing my work-related interests including research and teaching, which I've always enjoyed and found valuable for my own learning. As far as my current interests, I am hoping to work on an inpatient psychiatry unit. My prior work and interest in Integrative Medicine and Palliative Care has also taken me to include concepts of Palliative Psychiatry (a new and growing field) within my practice. Thanks for taking the time to read this, and good luck on your upcoming interviews; I hope to meet you in the fall!

PGY-4 Residents



Stefania Buonocore, D.O, M.S. NYIT College of Osteopathic Medicine



Anderson Chen, M.D. Lewis Katz School of Medicine at Temple University



Serena Chen, M.D. Western Michigan University Homer Strkyler M.D. School of Medicine



Kevin Cates, M.D., M.P.H. Western Michigan University Homer Strkyler M.D. School of Medicine



Frank Copeli, M.D. SUNY Downstate Medical School



William Olcott, M.D., MBA University of California Los Angeles, David Geffin School of Medicine

PGY-4 Resident Spotlight: William Olcott, M.D., M.B.A.



Hello! My name is William Olcott, a current PGY-4. I was born and raised in Northern California, about 45 minutes south of San Francisco.

My path to psychiatry wasn't direct. After studying Biomedical Engineering and Marine Biology at Duke University, I worked as an associate researcher at the Mount Sinai School of Medicine, where I studied targeted therapies for breast cancer subtypes. Over time, I realized how much I valued interpersonal aspects of patient care and clinical medicine, which ultimately led me to medical school.

About halfway through my 3rd year of medical school at UCLA, I completed my first rotation in psychiatry and experienced how our field espouses the fundamental aspects of clinical work that

brought me into medicine. I'm also interested in the organizational aspects of the delivery of mental health care, so I completed MBA program at UCLA after my 3rd year of medical school.

At VA Boston-Harvard South Shore, I greatly appreciate my training and the unique opportunities that exist in our program. I currently focus on Diversity, Equity and Inclusion at VAB-HSS, coordinating our program's Anti-Racism and Diversity Day, creating a didactic course for 3rd-year residents, and supporting DEI issues during recruitment. I've also been on the local editorial board of *Psychiatry Research* for the past two years, learning how to interpret research with a critical eye. I'm excited to be starting a one-year fellowship at the Boston Psychoanalytic Society and Institute in September. My favorite aspects of our program include the opportunity to rotate through various hospital systems (I'll be spending all my elective clinical time this year at McLean) and our collaborative culture.

To potential applicants: good luck with the application process, and I'm glad you're considering our program!

Where do our residents go from here?

2021

Brendan Campbell, M.D.

Neuropsychiatry Fellowship VA Boston Healthcare System, Massachusetts

Jolyn Ferrell, M.D., Pharm.D.

Outpatient Psychiatry Practice Atlanta, Georgia

Priya Gearin, M.D.

Child & Adolescent Psychiatry Fellowship Warren Alpert Brown School of Medicine, Rhode Island

Aaron Greenstein, M.D.

Geriatric Psychiatry Fellowship Massachusetts General Brigham, Massachusetts

Alexa Hall, M.D.

Outpatient Psychiatry Practice Santa Monica, California

Avni Patel, D.O.

Outpatient Psychiatry Practice - Kaiser Permanente Los Angeles, California

Bianca Patel, M.D.

Outpatient Psychiatry Practice Southern California

Aishwarya Rajagopalan, D.O., MHS

Child & Adolescent Psychiatry Fellowship Duke University Medical Center, North Carolina

Kemper Schumacher, M.D.

Child & Adolescent Psychiatry Fellowship Massachusetts General Hospital/McLean, Massachusetts

Haley Solomon, D.O.

Geriatric Psychiatry Fellowship University of California, San Diego, California

2020

Ermal Bojdani, M.D.

Public Psychiatry Fellowship Columbia University, New York

Heidi Geil. D.O.

Outpatient Psychiatry Group Practice San Francisco Bay Area, California

Kevin Li, M.D.

Director of ECT, TMS and Ketamine Kaiser Permanente Fremont, California

Duy Ly, M.D.

Psychiatry Practice Boston, Massachusetts

Michael Ruderman, M.D.

Psychiatry Research Fellowship San Francisco VA/UCSF, California

Jaimie Yung, M.D.

Good Samaritan Medical Center Corvallis, Oregon

2019

Shivaun Gannon, M.D.

Child & Adolescent Psychiatry Fellowship University of Washington, Washington

Yajie Yu, M.D.

Child & Adolescent Psychiatry Fellowship Boston Children's Hospital, Harvard Medical School, Massachusetts

Sundus Mari, M.D.

Child & Adolescent Psychiatry Fellowship Boston Children's Hospital, Harvard Medical School, Massachusetts

Spencer LunBeck, M.D.

Consultation-Liaison Fellowship University of Washington, Washington

Rachel Ann Meyen, M.D.

Geriatric Psychiatry Fellowship Massachusetts General Brigham, Massachusetts

Ashley Beaulieu, D.O.

Women's Mental Health Fellowship Mclean Hospital, Massachusetts

Mitchell Crawford, D.O.

Director of Addiction Services WellSpan Health, Pennsylvania

Byung Kil Kim, M.D.

Research Fellowship VA Boston Healthcare System, Massachusetts

Kendall Bache, M.D.

Staff Psychiatrist at Partial Hospital Program Pocasset Mental Health Center, Massachusetts

2018

Vivek Jayadeva, M.D.

Interventional Pain Fellowship University of Washington, Washington

Iraklis Giakoumatos, M.D.

Addiction Psychiatry Fellowship Massachusetts General Hospital/McLean, Massachusetts

Edward Tabasky, M.D.

Public Psychiatry Fellowship Columbia University, New York

Bushra Awidi, M.D.

Child & Adolescent Psychiatry Fellowship Massachusetts General Hospital/McLean Massachusetts

Byron Smith, M.D.

Child & Adolescent Psychiatry Fellowship Tufts University, Massachusetts

Andrew Robin, M.D.

Military Medicine

Naval Medical Center Portsmouth (NMCP), Virginia

Blake Webb, M.D.

Chief Resident in Quality and Safety

VA Boston Healthcare System, Harvard Medical School, Massachusetts

David Robinson, M.D.

Director of Adult Inpatient Unit

Carney Hospital, Massachusetts

2017

Aengus O Conghaile, M.D.

Geriatric Psychiatry Fellowship

Massachusetts General Brigham, Massachusetts

Alana Bunnag, M.D.

Child & Adolescent Psychiatry Fellowship

Icahn School of Medicine at Mount Sinai, New York

Shahrzad Sims, D.O.

Forensic Psychiatry Fellowship

Tulane University, Louisiana

Marina Peters, D.O., Pharm.D.

Addiction Psychiatry Fellowship

Boston University, Massachusetts

Simrun Kalra, M.D., M.P.S.

Group Practice

Kaiser Permanente

Marek Hirsch, M.D.

Hospitalist

Memorial Hospital Jacksonville, Florida

Dana Wang, M.D.

Private Practice

New York

2016

Mihir Patel, M.D.

Interventional Spine and Pain Management Fellowship

Eastern Virginia Medical School, Virginia

Seeta Patel, M.D.

Integrated Care Fellowship

University of Washington, Washington

Edwin Raffi, M.D., M.P.H.

Women's Mental Health Fellowship

Massachusetts General Hospital, Massachusetts

Gino Mortillaro, M.D.

Child & Adolescent Psychiatry Fellowship Boston Children's Hospital, Harvard Medical School, Massachusetts

Alexander Adelsberger, D.O.

Child & Adolescent Psychiatry Fellowship Children's Hospital of Philadelphia, Pennsylvania

Iru Fernando, M.D.

Addiction Psychiatry Fellowship Boston University, Massachusetts

Hadi Estakhri, M.D.

Addiction Psychiatry Fellowship Mount Sinai Beth Israel, New York

Austin Lin, M.D.

Addiction Psychiatry Fellowship University of Texas Southwestern Medical Center, Texas

2015

Jung Won Kim, M.D.

Child & Adolescent Psychiatry Fellowship Boston Children's Hospital, Harvard Medical School, Massachusetts

Eric Tung, D.O.

Child & Adolescent Psychiatry Fellowship University of California, San Diego, California

Rajan Gosain, M.D.

Child & Adolescent Psychiatry Fellowship Tufts Medical Center, Massachusetts

Anothai Soonsawat, M.D.

Geriatric Psychiatry Fellowship University of California, Los Angeles, California

Michelle Davids, D.O.

Addiction Psychiatry Fellowship Massachusetts General Hospital/McLean, Massachusetts

Michael Tang, D.O.

Addiction Psychiatry Fellowship
Geisel School of Medicine/Dartmouth-Hitchcock Medical Center, New Hampshire

Usama Feroze, M.D.

Psychosomatic Medicine Fellowship George Washington University, D.C.

Gen Tanaka, M.D.

Forensic Psychiatry Fellowship Northwestern University Feinberg School of Medicine, Illinois

Brigitte Espinoza, M.D.

Academic Staff Position North Health Central Care, University of Wisconsin, Wisconsin

Graduate Spotlight Dr. Edwin Raffi, M.D., MPH VAB-HSS Graduate 2016



Dr. Edwin Raffi is a board-certified psychiatrist at the Massachusetts General Hospital's Center for Women's Mental Health and the MGH HOPE clinic, and an Instructor in Psychiatry at Harvard Medical School. He is the Chief Medical Officer (CMO) for Column Health Clinics, a network of outpatient clinics that provide state of the art outpatient dual diagnosis care.

Dr. Raffi completed his psychiatry residency training at VAB-HSS in 2016. While at VAB-HSS he was a shared recipient of the Harvard Medical School Department of Psychiatry 2016 Harry C. and Maida Solomon Award for his work related to substance use disorder in veterans; a research effort guided by his residency mentor Dr. Grace Chang. Additionally, he spearheaded a one-year project to implement the MGH-Benson-Henry Institute's Mind-Body Program into a VA residential program for Women with PTSD and Substance Use disorder.

After graduation from VAB-HSS he did a fellowship in perinatal and reproductive psychiatry at the MGH Center for Women's Mental Health (CWMH). He has since continued his clinical and academic efforts at the MGH CWMH and the MGH HOPE clinic, an integrative care clinic for pregnant and postpartum women with substance use disorders. In 2019 he became the CMO for Column Health Clinics, a leading and fast-growing network of mental health and SUDs treatment clinics with the mission of humane, modern, tech-forward and stigma-free treatment for all patients in need of care. Dr. Raffi has published works in topics related to treatment of mood and anxiety in women, menstrual cycle related mood and anxiety disorders, addiction psychiatry, comorbid trauma and mood disorders.

"VAB-HSS exists through the merger of two strong institutions, namely Harvard Medical School and the VA Boston Healthcare System. One cannot ask for a better confluence of forces when it comes to a training program in psychiatry" says doctor Raffi of his alma matter. "I loved having an organized and protected day every week dedicated to didactics taught by renowned experts throughout all four years of residency! I loved that our didactics covered a wide variety of information ranging from an indepth training in different psychotherapy modalities to psychopharmacology, neurology, and leadership skills amongst other courses. I truly felt prepared as a psychiatrist at graduation. VAB-HSS was my first choice during the residency application cycle and it will always be home for me."

You can read an article Dr. Raffi wrote on about his experience as a first year resident here.

This article first appeared in the Massachusetts Psychiatric Society Newsletter, Issue 137, September 2013

RESEARCH



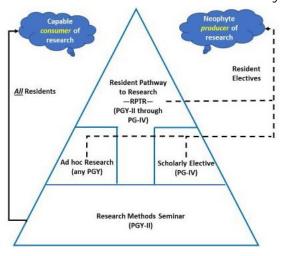
What is research training at VAB-HSS?

Research training at VAB-HSS has two aims:

- 1. For all residents: to become lifelong learners who can critically evaluate and apply scientific evidence to their professional careers.
- 2. For self-selected residents: to provide opportunities to build the skills, attitudes, and relationships needed to establish research as substantive aspects of their careers.

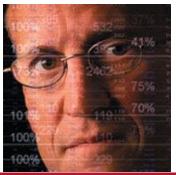
Direct involvement in scholarly and research activities can take many forms during a resident's time at VAB-HSS:

- Some residents informally identify research mentors, at any time in their training, to do literature reviews or research projects.
- Others choose to do a scholarly elective in PGY-4.
- The Resident Pathways to Research (RPTR) is a multi-year, graded, step-wise introduction to research during PGY-3 and PGY-4. The RPTR is designed for psychiatry residents who are considering a career with a substantive component of mental health research. Residents on the research track will have protected time in their PGY-3 and PGY-4 years for research.









Project & Manuscript Consulting







Other Resources





Harvard Library

Knowledge Library

Selected Scholarship Portfolio of VAB-HSS Residents

SELECTED RECENT PEER-REVIEWED PUBLICATIONS BY VAB-HSS RESIDENTS

Bojdani E, Chen A, Buonocore S, Li KJ, and Gurrera R. Meloxicam-desmopressin drug-drug interaction producing hyponatremia. Psychiatry Research (2019). https://doi.org/10.1016/j.psychres.2019.05.009. PMID 31084937

Bojdani E, Zhang T, Shetty S, Tahera D. Hypercalcemia and psychosis: case report, review of the literature, and management considerations. Primary Care Companion for CNS Disorders. (2018);20(6):18nr02356. PMID 30549497

Bojdani, E., Chen, A., Zhang, T., Naqvi, N., & Tahera, D. (2019). Hypertensive Urgency and Emergency in Alcohol Withdrawal: A Literature Review. Prim Care Companion CNS Disord, 21(6). doi:10.4088/PCC.19r02513 PMID 31846238

Bojdani, E., Rajagopalan, A., Chen, A., Gearin, P., Olcott, W., Shankar, V., Cloutier, A., Solomon, H., Naqvir, N. Z., Batty, N., Festin, F., Tahera, D., Chang, G., & DeLisi, L. E. (2020). COVID-19 Pandemic: Impact on Psychiatric Care in the United States, a Review. Psychiatry Research, 113069. Advance online publication. https://doi.org/10.1016/j.psychres.2020.113069 PMID 32413707

Buonocore S, & Funk M. Understanding the Breadth and Depth of C-L Psychiatry: Complex Psychopharmacology in Medically III Patients. Psychiatric News. (2020);55(505). Published Online:5 Mar 2020; https://doi.org/10.1176/appi.pn.2020.3a7 PMID

Chang GC, Crawford MC, Pitts M, Schein AZ, Goodwin K. Adherence to extended-release naltrexone: Patient and treatment characteristics. The American Journal on Addictions. (2018);27: 524-530. PMID 30106489

Chen, A., Mari, S., Grech, S., & Levitt, J. (2020). What We Know About Massively Multiplayer Online Role-Playing Games. Harv Rev Psychiatry, 28(2), 107-112. doi:10.1097/hrp.000000000000247 PMID 32134835

Chen, A., Park, T. Y., Li, K. J., & DeLisi, L. E. (2020). Antipsychotics and the microbiota. Curr Opin Psychiatry. doi:10.1097/yco.000000000000594 PMID 32068569

Copeli, F., & Cohen, C. (2019). Medical Issues in Older Adults with Schizophrenia. In C. Cohen & P. Meesters (Eds.), Schizophrenia and Psychoses in Later Life: New Perspectives on Treatment, Research, and Policy (pp. 79-94). Cambridge: Cambridge University Press. doi:10.1017/9781108539593.008

Fries GR, Zamzow MJ, Andrews T, Pink O, Scaini G, and Quevedo J. Accelerated Aging in Bipolar Disorder: A Comprehensive Review of Molecular Findings and Their Clinical Implications. Neuroscience & Biobehavioral Reviews. (2020);112: 107-116. PMID 32018037

Gearin PF. Learning to Do Therapy in 2020. American Journal of Psychiatry – Residents' Journal. In press.

Gearin PF, Bojdani E, Zhang T, Ly D, Li KJ. "Advancing Diagnostic Accuracy and Treatment With the Cultural Formulation Interview: Assessment of Psychosis in a Jamaican-American Woman." American Journal of Psychiatry—Residents' Journal. March 2020. 15(3): 12-14.

Greydanus DE, Cates KW, Sadigh N. Adverse effects of stimulant medications in children and adolescents: Focus on sleep and growth disturbances. International Journal of Adolescent Medicine and Health. (2019);31(2). PMID: 31079090

Li, K. J., Chen, A., & DeLisi, L. E. (2020). Opioid use and schizophrenia. Curr Opin Psychiatry. doi:10.1097/yco.00000000000593 PMID 32073422

Li JK, Delisi, LE. Potentially fatal outcomes associated with clozapine. Schizophrenia Research, 2018; S0920-9964 (18)30138-5. DOI: 10.1016/i.schres.2018.02.058. PMID 29503232

Li KJ, Greenstein AP, Delisi LE. Sudden death in schizophrenia. Current Opinion in Psychiatry, 2018; 31, 169-175. DOI:10.1097/YCO.000000000000403. PMID 29517519

Li KJ, Smedberg DL, Delisi LE. A retrospective 4-year outcome study of veterans admitted to an acute inpatient detoxification unit for opiate use disorder. The American Journal on Addictions. (2019);28(4): https://doi.org/10.1111/ajad.12893. PMID 31067001

Li KJ, Solomon HV, DeLisi LE. Clozapine pharmacogenomics: A review of efficacy, pharmacokinetics, and agranulocytosis. Current Opinion in Psychiatry. (2018);31(5): 403-408. PMID 29985178

Rajagopalan AK, Bache WK, Chen SZ, Bojdani E, and Li KJ. New-generation antipsychotics and cardiovascular risk. Current Treatment Options in Psychiatry. (2019). https://doi.org/10.1007/s40501-019-00173-z.

Saxe, D.B. and Solomon, H.V. Lawyers Coping with Enforced Social Isolation. New York Law Journal. 2020, June 02. https://www.law.com/newyorklawjournal/2020/06/02/lawyers-coping-with-enforced-social-isolation/

Solomon, H.V. COVID-19 Checklist: Mask, Gloves, and Video Chatting with Grandpa. Psychiatry Research. 2020 June; 288:112986. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7271068/ PMID 32279009

Solomon HV, Cates KW, Li KJ. Does obtaining CYP2D6 and CYP2C19 pharmacogenetic testing predict antidepressant response or adverse drug reactions? Psychiatry Research. (2019);271: 604-613. PMID: 30554109

SELECTED PRESENTATIONS BY VAB-HSS RESIDENTS

Beaulieu AM, Tabasky T, Osser DN. Algorithm for the pharmacotherapy of obsessive-compulsive disorder. Poster presented at: American Psychiatric Association Annual Meeting; 2019; San Francisco, CA

Bojdani E. Meloxicam-desmopressin drug-drug interaction producing hyponatremia. The Cobb Assembly organized by the Boston Society of Neurology, Neurosurgery, and Psychiatry. Boston, MA

Bojdani E, Chen A, Buonocore S, Li K, Gurrera R. Medication-related hyponatremia resulting in seizure: diagnostic and treatment considerations for a patient with schizophrenia and potential contribution from concurrent use of desmopressin, lamotrigine, fluoxetine, meloxicam, and clozapine. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston, MA

Chen A. Antipsychotics and the Microbiome; 2020; Congress of the Schizophrenia International Research Society

Chen A. Behavioral and Psychological Symptoms of Dementia (BPSD) Algorithm; 2020; American Psychiatric Association

Chen A. Gabapentin for Behavioral and Psychiatric Symptoms of Dementia: Renewing the Call for an Intervention Study; 2020; American Association for Geriatric Psychiatry

Chen A. Ketamine and Seizure Threshold During ECT; 2020; American Psychiatric Association

Chen A. Ketamine in Major Depressive Episodes with Psychotic Features: A Case Report; 2020; American Psychiatric Association

Chen A. What we know about massively multiplayer online role-playing games (MMORG). Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA

Gannon S. Pharmacological management of core symptoms of autism spectrum disorder in adults; a review of the literature. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA

Gearin PF. Poster: Suicide References in Top Songs in the United States from 2014-2018. American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago, IL, October 2019.

Greenstein A. Cannabis Use Among Older Adults. Poster presented at: American Association for Geriatric Psychiatry Annual Meeting in San Antonio, TX, USA. March 2020.

Greenstein A., Chen A., Copeli F. Solomon HV, Mckinell K. Gabapentin for Behavioral and Psychiatric Symptoms of Dementia: Renewing the Call for an Interventional Study. The American Journal of Geriatric Psychiatry. 2020 April; 28(4):S85. 2020 American Association for Geriatric Psychiatry Annual Meeting, San Antonio, TX, USA.

Kim BK. Contributions of multiple CSF neurobiological factors to PTSD severity in men. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA

Li K. A Retrospective 4-year Outcome Study of Veterans Admitted to an Acute Inpatient Detoxification Unit for Opiate Use Disorder. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA

Li, KJ, Delisi, LE. Clozapine Related Sudden Death: A Case Report and Literature Review. 2017 American College of Neuropsychopharmacology (ACNP) Annual Meeting, Palm Springs, CA, USA

Li K, DeLisi L. Comorbid opioid use and schizophrenia: A review. Presented at: Schizophrenia International Research Society Annual Meeting; 2019; Orlando, FL

Li K, DeLisi L. Risk factors for opioid-related mortality in a 4-year study of 182 military veterans: an Evaluation of MAT and residential rehabilitation. Presented at: American College of Neuropsychopharmacology Annual Meeting; 2018; Hollywood, FL

Li K, Solomon H, DeLisi L. Clozapine pharmacogenetics: A review. Presented at: Schizophrenia International Research Society Annual Meeting; 2019; Orlando, FL

Li K, Solomon H, DeLisi, L. Clozapine pharmacogenetics: a review. Presented at: World Congress of Psychiatric Genetics Annual Meeting; 2018; Glasgow, Scotland

Li, KJ, Sorrentino, RM, Inappropriate Sexual Behaviors in Autism: A Prospective Epidemiological Study. 2017 Harvard Psychiatry Research Day and Mysell Lecture, Boston, MA, USA.

LunBeck S. Management of synthetic cathinone ("bath salts") use and intoxication: A case report." Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA

Mari S. Clinical Perspective: Online and in treatment: Logging on to the positive use of technology in psychiatric practice. Presented at: American Academy for Child and Adolescent Psychiatry Annual Meeting; 2018; Seattle, WA

Mari S. Special Interest Group: Suicide, starvation, and savants: Portrayals of child and adolescent mental health in the media. Presented at: American Academy for Child and Adolescent Psychiatry Annual Meeting; 2018; Seattle, WA

Mari S. Media Theatre: Coco: A young Mexican boy's journey to find his identity through the cultural celebration of ancestry and music. Presented at: American Academy for Child and Adolescent Psychiatry Annual Meeting; 2018; Seattle, WA

Meyen R. The state of geriatric psychiatry training: A survey of U.S. program directors. Poster presented at: American Association for Geriatric Psychiatry Annual Meeting; 2019; Atlanta, GA

Meyen R. Two roads diverged in a fellowship: Choosing between geriatric psychiatry and consultation-liaison psychiatry. Workshop panelist at: American Association for Geriatric Psychiatry Annual Meeting; 2019; Atlanta, GA

Patel B, Schumacher K, Kim BK. Can gratitude journaling help reduce resident burnout? A pilot study. Poster presented at: American Psychiatric Association Annual Meeting; 2019; San Francisco, CA

Rajagopalan A. A case of psychosis induced by vascular disease. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA

Rajagopalan AK, Gearin PF, Ruopp M. Poster: Does Internal Medicine Orientation and a Medical Toolbox Increase Resident Comfort On Call? American Psychiatric Association Annual Meeting, Philadelphia, PA, April 2020, accepted

Ruderman M. Enhancing analysis in implementation science: Heterogeneity of treatment effects in trials using a stepped wedge design. Poster presented at: Society for Epidemiologic Research Annual Meeting; 2018; Minneapolis, MN

Ruderman M. Enhancing Analysis for Implementation Science Studies That Use Stepped Wedge Designs: Case Example of Bayesian Survival Analysis for a VA implementation trial of a Collaborative Care Model on Hospitalization Rates. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston, MA

Schumacher, K., Patel, B., Kim, B. (2019, May). Addressing resident wellness: Does gratitude journaling improve Quality of Life? Poster presented at: American Psychiatric Association Annual Meeting; 2019; San Francisco, CA

Solomon HV. Cannabis Use in the Age of Legalization: Implications for the Geriatric Population. Selected symposium presentation at the American Association for Geriatric Psychiatry Annual Meeting in San Antonio, TX, USA. March 2020.

Solomon, HV, Cates, KW, Li, KJ. Does obtaining CYP2D6 and CYP2C19 pharmacogenetic testing predict antidepressant response or adverse drug reactions? Presented at: Harvard Psychiatry Research Day, 2019; Boston MA

Sulzer CN, Singh R, Mei M, Chan G, Gopinath S, Rehman MS, Guerrera MP. What Effect do Music Sessions have on Inpatient Psychiatry Patients? A Pilot Study. Poster Presentation at International Congress on Integrative Medicine and Health in Cleveland, OH, USA. Presented Virtually, 2020.

Yu Y. Are Sub-Reddit Memberships Predictors of Mental Health Outcomes? Poster presented at: Harvard Psychiatry Research Day, 2019; Boston MA

SELECTED SCHOLARSHIPS AWARDED TO VAB-HSS RESIDENTS

Harvard Medical School Department of Psychiatry Livingston Research Fellowship – Anderson Chen, M.D. (2021)

Harvard Medical School Department of Psychiatry Livingston Research Fellowship – Haley V. Solomon, D.O. (2020)

American Association for Geriatric Psychiatry Honors Scholar – Aaron Greenstein, M.D. (2020)

American Association for Geriatric Psychiatry Honors Scholar – Haley V. Solomon, D.O. (2020)

American Academy of Child and Adolescent Psychiatry Educational Outreach Program Award – Priya Gearin, M.D. (2019)

Harry and Maida Solomon Award

- Recognizes best resident research across the entire Department of Psychiatry at Harvard Medical School (semi-finalists among top 4)
 - Kevin Li, M.D. (Semi-Finalist 2019)
 - Michael Ruderman, DO, MPH (Semi-Finalist 2017)
 - Aengus O'Conghaile, M.D. (Winner 2017)
 - Edwin Raffi, M.D., MPH (Winner 2016)

Livingston Research Fellowship Award

- Competitive award of up to \$10,000 for project expenses beyond salary, administered by the Department of Psychiatry at Harvard Medical School
 - Kevin Li, M.D. (2019)
 - Aengus O'Conghaile, M.D. (2017)
 - Edwin Raffi, M.D., MPH (2016)

SELECTED EDITORIAL POSITIONS HELD BY VAB-HSS RESIDENTS

- Priya Gearin, M.D., Media Editor, American Journal of Psychiatry
- Frank Copeli, M.D., Assistant Editor, Harvard Review of Psychiatry
- Carsen Sulzer, M.D., Peer Reviewer, Federal Practitioner
- Aaron Greenstein, M.D., Assistant Editor, Harvard Review of Psychiatry
- Rachel Meyen, M.D., Assistant Editor, Harvard Review of Psychiatry
- Michael Ruderman, M.D., Assistant Editor, Harvard Review of Psychiatry
- Ermal Bojdani, M.D., Manuscript Reviewer, Psychiatric Research
- Haley Solomon, D.O., Local Editorial Board Member
- Priya Gearin, M.D., Manuscript Reviewer, Psychiatric Research
- Kevin Li, M.D., Local Editorial Board Member, Psychiatric Research
- Kevin Li, M.D., Ad-hoc Reviewer PLOS One
- Kevin Li, M.D., Ad-hoc Reviewer Journal of Technology in Behavioral Science
- Kevin Li, M.D., Ad-hoc Reviewer Schizophrenia Research
- Kevin Li. M.D., Ad-hoc Reviewer British Medical Journal (BMJ) Case Reports
- Mitchell Crawford, D.O., Reviewer, Journal of Addiction Medicine
- Mitchell Crawford, D.O., Reviewer, The American Journal on Addictions

SELECTED PUBLICATIONS BY VAB-HSS FACULTY

Aguilar DD, Strecker RE, Basheer R, McNally JM. Alterations in sleep, sleep spindle, and EEG power in mGluR5 knockout mice. J Neurophysiol. 2020 01 01; 123(1):22-33. PMID: 31747354.

Alaferdov AV, Savu R, Fantini C, Cançado LG, Moshkalev SA. Raman spectra of multilayer graphene under high temperatures. J Phys Condens Matter. 2020 May 22; 32(38):385704. PMID: 32442985.

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Bauer MS, Kirchner J. Implementation science: What is it and why should I care? Psychiatry Res. 2020 01; 283:112376. PMID: 31036287.

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Bojdani E, Chen A, Zhang T, Naqvi N, Tahera D. Hypertensive Urgency and Emergency in Alcohol Withdrawal: A Literature Review. Prim Care Companion CNS Disord. 2019 Dec 12; 21(6). PMID: 31846238.

Bojdani E, Rajagopalan A, Chen A, et al. COVID-19 Pandemic: Impact on psychiatric care in the United States [published online ahead of print, 2020 May 6]. Psychiatry Res. 2020;289:113069. doi:10.1016/j.psychres.2020.113069

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RESIDENT LIFE & BENEFITS





VAB-HSS Wellness Initiatives:

- **Resident Retreats**: VAB-HSS sponsors fall and summer resident-run retreats to support resident cohesiveness, team-building, and to welcome new residents to our program.
- **Welcome events**: To welcome our classes of 2024 & 25, VAB-HSS sponsored a physically distanced day of small-group outdoor gatherings which included kayaking, hiking, a walking tour of downtown Boston with an artisan picnic, and berry picking.
- **Social Events**: VAB-HSS residents comprise a cohesive and supportive group, who often spend time together outside of work. The Program Director typically sponsors a Summer Picnic and Winter Holiday party at her home. The VA frequently hosts employee appreciation events which residents attend. Harvard Medical School hosts a number of distinguished events specifically for graduate medical trainees.
- **Birthdays**: At our monthly all residents' meeting, birthday shout-outs with cards and treats are presented to residents with birthdays in that month.
- **VAB-HSS Club Team Sports**: Over half our residents participate in team sports (e.g., flag football, soccer, etc.) throughout the year.
- Annual Resident Wellness/Whole Health Training Day: VAB-HSS participates in a resident-directed wellness day for all residents on a didactic Wednesday in February. This day also trains the residents in Whole Health—a program that VA Boston encourages for all its trainees, employees, and patients. Activities on wellness days in recent years have included healthy cooking instruction, group sports, Tai Chi, art activities, gym visits, and group mindfulness activities.
- **Tickets**: Residents are often able to get reduced cost tickets to various events and attractions using our VA and Harvard IDs. (e.g., \$5 Red Sox tickets, free admission to the Museum of Fine Arts, Boston)
- Our residents have continued to find creative ways to socialize and have fun even during the COVID-19 pandemic. These have included online board game nights, socially distanced brunches, and outdoors/socially distant activities (i.e., a lot of hiking and biking).
- On-Call Food: Paid meals are available for every resident on every call shift.

- **Post-Call Rides**: VAB-HSS will reimburse residents for a ride home and a ride back to their vehicle with a ride-sharing company (e.g. Lyft or Uber) if they are feeling drowsy after working on call (short-call or overnight call).
- Participation: VAB-HSS residents are encouraged to actively engage in all aspects of VAB-HSS, including quality improvement projects, action teams, recruitment, and advisory committees. Resident representatives from each post-graduate year participate in the Program Evaluation Committee (PEC) and Ombudsperson program. PEC focuses on reviewing, changing, generating, and enacting policies that affect the whole residency. The Ombudsperson program provides a forum for residents to raise concerns to program leadership in a neutral, anonymous setting. Residents have also been engaged in inter-residency activities, participating in activities, networking with other residents in the greater Boston Area. Many of our residents have also been involved in community social justice & advocacy work.





Current Salary and Benefits:

All residents receive the VA employee benefits package including medical, dental, vision, life insurance, and pre-tax flexible spending accounts for healthcare and/or dependent care costs (daycare, summer camp). All plans are eligible on the first date of employment, and the cost of coverage is largely employer-subsidized.

Program Level	Gross Salary 2021-2022	
PGY-1	\$77,588	
PGY-2	\$80,088	
PGY-3	\$83,088	
PGY-4	\$86,088	





Education Stipend:

Each resident may receive up to \$500 (travel and fees) to attend one national conference per year. Residents who are presenting a poster, oral presentation or receiving an award may receive up to \$2000 (for travel and fees) per year. Residents have access to all Harvard and VA library resources, which include online subscriptions to most academic journals and many online textbooks.

In past years, additional funds have been used to pay for question-bank study tools, membership in national societies, costs of psychoanalytic fellowships, and supplemental books. VAB-HSS also fully subsidizes membership in the American Psychiatric Society and Massachusetts Psychiatric Society, paying membership dues including the cost of subscription to the American Journal of Psychiatry, Psychiatric News, and the New England Journal of Medicine. This facilitates our residents in holding many leadership roles in national and local societies.





Moonlighting:

Third- and fourth-year residents in good standing have access to various moonlighting opportunities once they receive their full license to practice. PGY-3 and PGY-4 residents may apply to moonlight internally at the VA, where they have the opportunity to provide teaching and mentorship to their younger colleagues while gaining valuable experience in a supervisory role.

Time and Leave:

Annual Leave (Paid Vacation)	20 days per contract year
Sick Leave	13 days per contract year





Parental Leave:

VAB-HSS is committed to supporting the growth and development of resident families. We believe it is essential for parents to have the opportunity to stay home with their new babies without the stress of work obligations, fear of lost wages, or worry about delayed program completion. To promote ample well-being, establishment of breastfeeding, parental and baby physical and mental health, and family bonding, residents are encouraged to take parental leave following the birth and/or adoption of a child.

VAB-HSS accommodates paid parental leave through a combination of annual leave, current and accrued sick leave, and advanced leave. Residents may take additional unpaid leave through a variety of mechanisms and may take up to six weeks of unpaid leave without extending residency training.

Residents returning from leave may transition back into clinical work through a variety of scholarly electives, with flexible schedules, or even part-time. We are committed to supporting residents in every way possible to promote healthy parenthood.

APPLICATION PROCESS



We welcome all allopathic and osteopathic medical graduates to apply. Applications are accepted via **ERAS** beginning 9/1/2021. Please note that the VA Boston-Harvard South Shore Psychiatry Residency Training Program is labeled in ERAS, FREIDA, and ACGME as Boston VA Healthcare System (Brockton-West Roxbury)/Harvard Medical School Program, ID: 4002421279. We participate in the National Resident Matching Program (NRMP). We are unable to offer positions outside of the match. We have no formal deadline for the submission of applications, but we do have a limited number of interview slots. We encourage applicants to submit completed application materials as close to the 9/29/2021 application release date as possible.

This year we will begin reviewing applications immediately upon the application release date of 9/29. We will begin sending invitations to interview on 10/4. We will continue to extend initial invitations through November. Invitations

will be sent on Monday afternoons after 4pm EDT/EST. We will never invite more applicants than the available number of interview spots. We understand that applicants may need to cancel interviews as situations change. Invitations to fill a newly-opened spot will be offered as needed. Interviews will be conducted from October through January with the possibility of opening additional interview days in February as needed. Interview dates for the 2021-22 recruitment seasons are as follows: 10/18, 10/19, 10/25, 10/26, 11/1, 11/8, 11/9, 11/15, 11/16, 11/22, 12/6, 12/14, 1/10, & 1/24.

Interview days will be entirely virtual. The day will begin at 10:30am EDT/EST with a 30-minute window to arrive, test technology, and chat with our program coordinators and Chief Residents. The formal portion of the day will begin at 11am and consist of a program orientation by the Program Directors and the Chief Residents, a resident group chat with break-outs to allow you to meet our residents and ask questions in an informal setting, followed by a series of seven 15- to 25-minute interviews with Drs. Ramirez, Bellis-Jones, Buonocore, and other faculty and resident members of the recruitment committee. The formal portion of the day will conclude at 4:45pm EDT/EST with a wrap-up session with Dr. Ramirez. Applicants are then invited to attend a fun, informal virtual evening event to meet even more of our residents from 5:30-7pm EDT/EST. Applicants will also be invited to watch a virtual tour of our campuses and rotation sites at your convenience.

Should you match at VA Boston-Harvard South Shore you will attend a comprehensive, fully paid orientation that will begin three weeks prior to 7/1. All program applicants must meet these criteria:

- Enrollment in an accredited allopathic or osteopathic medical school
- Passing Step 1 (and when applicable, Step 2 CK + CS) on the USMLE or COMLEX equivalent on the first attempt.
- Demonstration of Psychiatry as a primary career choice through scholarly and extracurricular activities.

Please submit all ERAS requirements, specifically:

- Medical School and other relevant transcripts
- Dean's Letter (i.e., MSPE)
- 3 letters of reference at least two from clinicians, at least one from a psychiatrist
- Personal Statement
- ERAS photo
- USMLE Step 1 report or COMLEX equivalent

• USMLE Step 2 CK +CS or COMLEX equivalents must be submitted prior to February to be eligible for our rank order list

FAQs:

What do you seek in a candidate?

- Academically driven, self-motivated physicians who seek excellence in scholarship and clinical acumen
- Models of professionalism with excellent communication skills and high regard for integrity and accountability
- Collaborative, supportive of co-residents, who are team-oriented
- Dedicated to the highest levels of service, advocacy, and ethical practice
- Future innovators who are committed to making positive change in healthcare
- Candidates from medically-underserved backgrounds are encouraged to apply

We value all forms of diversity. A resident-lead committee recently drafted a diversity and inclusion statement to express the values that guide our thinking about diversity and inclusion.

"It is our vision to grow a diverse residency and cultivate an inclusive work and learning environment, where all residents and staff - drawing upon the diversity - are fully engaged and empowered to become caring physicians, scholars, and leaders. We are committed to including residents of all backgrounds and walks of life including, but not limited to race, color, national origin, religion, sex, pregnancy, marital status, sexual orientation, gender identity, gender expression or perceived gender, age, physical or mental disability, genetic information, veteran status, parental status, educational background, or any other characteristics. We embrace the mission to create a place where a person's identity is protected and valued to the fullest. We humbly acknowledge that this requires significant thoughtfulness by leadership and from within."

If I attend a pre-interview event, such as an open house, will it affect my application, my interview, or will I be evaluated?

No, pre-interview events are non-evaluative. These events, such as open houses and "Meet & Greet" events serve as an opportunity for you to meet residents, ask questions, and learn more about our program. These events are our opportunity to tell you more about why we love VAB-HSS.

Is there a cut-off date for graduation from medical school?

There is no cut-off date; however, we consider length of time away from clinical practice important. Ideal candidates will have completed medical school or other residency training within the last 2 years.

Do you accept applications from non-US citizen medical graduates?

As a VA program, we must adhere to official federal hiring practice guidelines which require an employee to be a U.S. citizen (or equivalent). We regret that we are unable to hire non-citizens and therefore encourage non-citizens to not apply. We are unfortunately unable to sponsor J1 visas. We strongly encourage all applicants to make judicious use of their resources in applying.

Do you offer externships?

We do not offer externships at this time, however our office would be happy to connect you with appropriate resources.

How has VAB-HSS responded to the COVID-19 Pandemic?

As a VA-centered program, VAB-HSS has benefitted from the resources allocated by and to the VA for

COVID-19 response. These have included a national stockpile of PPE, with no period at any point in the pandemic in which PPE was unavailable at VA Boston. Our program leadership has prioritized resident safety by shifting work to virtual care where possible and providing ample PPE and best safety practices where virtual care is not possible. Our chief residents have been closely involved in crafting policy and solutions which prioritize resident safety while also remaining patient-centered. We are very strongly positioned to respond to future waves of COVID-19 in 2021 and beyond.

How will interviews be conducted in the 2021-2022 cycle?

The 2021-2022 interview cycle will be conducted virtual, in line with guidance provided by the American Association of Medical Colleges (AAMC) and American Association of Directors of Psychiatry Residency Training (AADPRT). In line with this guidance, we will not provide in-person interviews or visits. We are dedicated to providing you with as much information as possible, with the limitations imposed by the pandemic. We will include ample opportunity to speak with residents candidly, in private settings; we will include opportunities to see our facilities virtually; and the season will be limited to virtual interviews. Our goal is fairness to all applicants, and thus we will not be able to provide in-person visits even to local applicants. We hope to be as flexible as we possibly can, while still adhering to the guidance provided by AAMC, AADPRT, and our own principles of fairness.

Who can I contact for further questions?

Our wonderful program coordinators and chief residents!

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